ENTERPRISE SWIMMING CLUB FOR DISABLED PEOPLE
CROYDON EST.1959 CHARITY REG. NO.296927

RULES

1. All Full Members must furnish a Doctor’s Certificate stating their fitness to take part in recreational activities in the water.

2. The Executive Committee reserve the right to ask for a renewal of such medical certificate if and when it is considered desirable.

3. Swimming facilities shall be for Full Members only, or such other persons at the discretion of the Chief Instructor.

4. Membership fee to be paid by both Full and Associate Members. The amount being fixed and confirmed at the Annual General Meeting.

5. The Financial Year shall end on the 30th September each year.

6. No Disabled Member is allowed to enter the water on Club nights without the permission of the Chief Instructor, or his/her deputy, and must leave when requested to do so.

7. The Chief Instructor shall appoint a deputy on any occasion of his/her absence. Such deputy shall enjoy the same powers, and be governed by the same rules as the Chief Instructor.

8. No disabled swimmer is allowed to sit on the bathside unless accompanied by an Instructor.

9. All Instructors must work anonymously.

10. Safety Drill must be observed (see the following page).

11. The Club hereby excludes any liability for any accident occurring as a result of:-

(a) Any defect however caused whether by neglect or in any matter in the premises in which the swimming instruction is held or any equipment used on the premises for the purpose of such instruction.

(b) By the acts of the Swimming Instructors or other Staff engaged in the premises whether by their neglect or otherwise.

(c) In respect of any damage to, or theft of, valuables or articles of clothing (see the following page).

12. The Committee are empowered to act on any matter not covered by the preceding Rules.
SAFETY DRILL AT THE POOL

WHAT YOU MUST DO IN AN EMERGENCY

If you hear a loud whistle blast when you are at the Baths, it means that there is some trouble

WHAT YOU DO    Everybody, whether in or out of the water keeps quiet and still
Instructors will continue to look after their swimmers.

THEN    The person in charge of the swim will give the necessary instructions.

DISABLED MEMBERS
It is most important that all disabled members, whether out of the water, but especially those in the water, if they should start to show or complain of any fatigue or distress, this must immediately be brought to the attention of their instructor or helper, who will promptly contact a Bathside Helper.

Disabled Members can avoid this situation arising by not attempting to go in for their swim if they feel the slightest bit off colour. Furthermore, if any Member develops a symptom or illness which was not divulged on their enrolment form, it must be reported to the Secretary straight away.

BATHSIDE CODE

It is stressed that there should be no horseplay, dangerous diving, running or splashing on the bathside.
Please keep children under control, as they do not understand how easily an accident can occur.

Disabled Members should ask permission to enter the water, either from the Bathside Recorder or Deep End Supervisor.

When you arrive at the Baths, please change into soft shoes. For health and safety reasons the wearing of heavy outdoor shoes on the bathside is frowned upon by the Baths Authority.

VALUABLES

Cash and valuables should not be left in the dressing rooms, but handed to the Refreshment Ladies who will kindly look after them – better still – do not bring them to the Swim at all. Also you will be well advised to use the lockers provided, as there have been instances where strangers have entered the building by the back stairs, and it is emphasised that if anyone sees anything or any person of which they are suspicious, the Baths Staff or a Committee Member should be informed at once.

WEARING OF PROFICIENCY BADGES

When you obtain your red, yellow and green badges, please sew them on to your costume as this enables instructors to see immediately what stage you have reached.

The Club welcomes you, and hopes you have many enjoyable hours at the Pool.
If you have any suggestions or grumbles, please contact your Swimmers’ Representative (there are two, one lady and one gentleman)